



Società Italiana  
delle Scienze Veterinarie

# 78° CONVEGNO **SISVET**

UNAHOTELS Naxos Beach Sicilia  
**GIARDINI NAXOS**

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**Left atrioventricular coupling index:  
an echocardiographic index of  
atrioventricular dysfunction in dogs  
with myxomatous mitral valve  
disease**

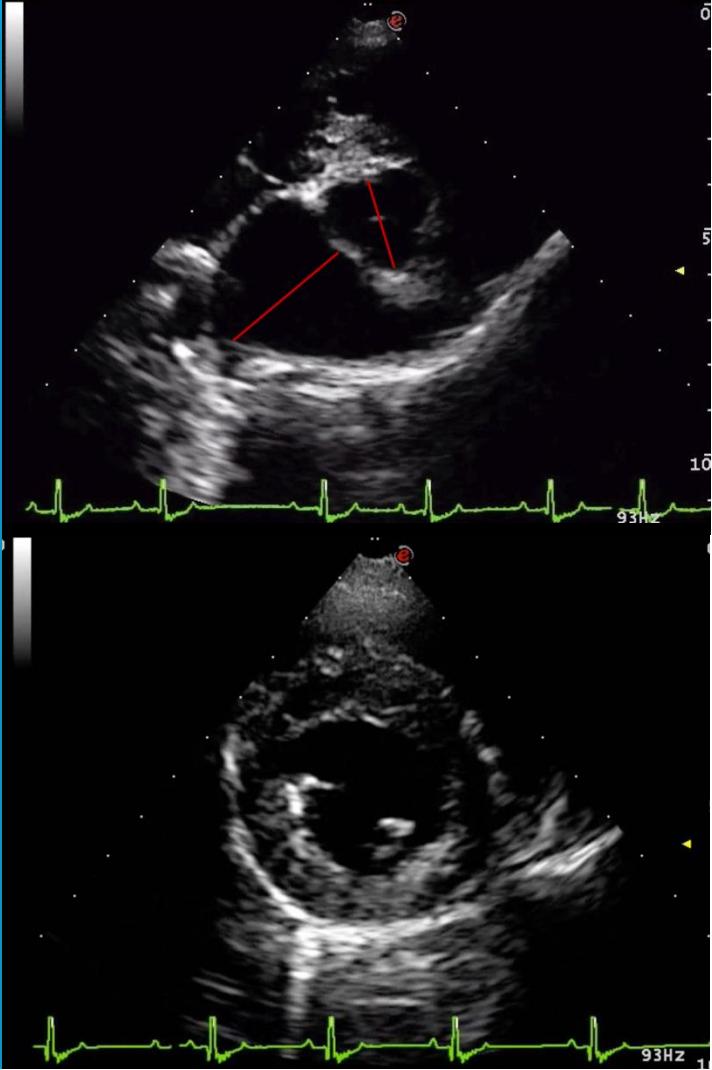
*Federica Valeri*

# **Left atrioventricular coupling index: an echocardiographic index of atrioventricular dysfunction in dogs with myxomatous mitral valve disease**

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# Background

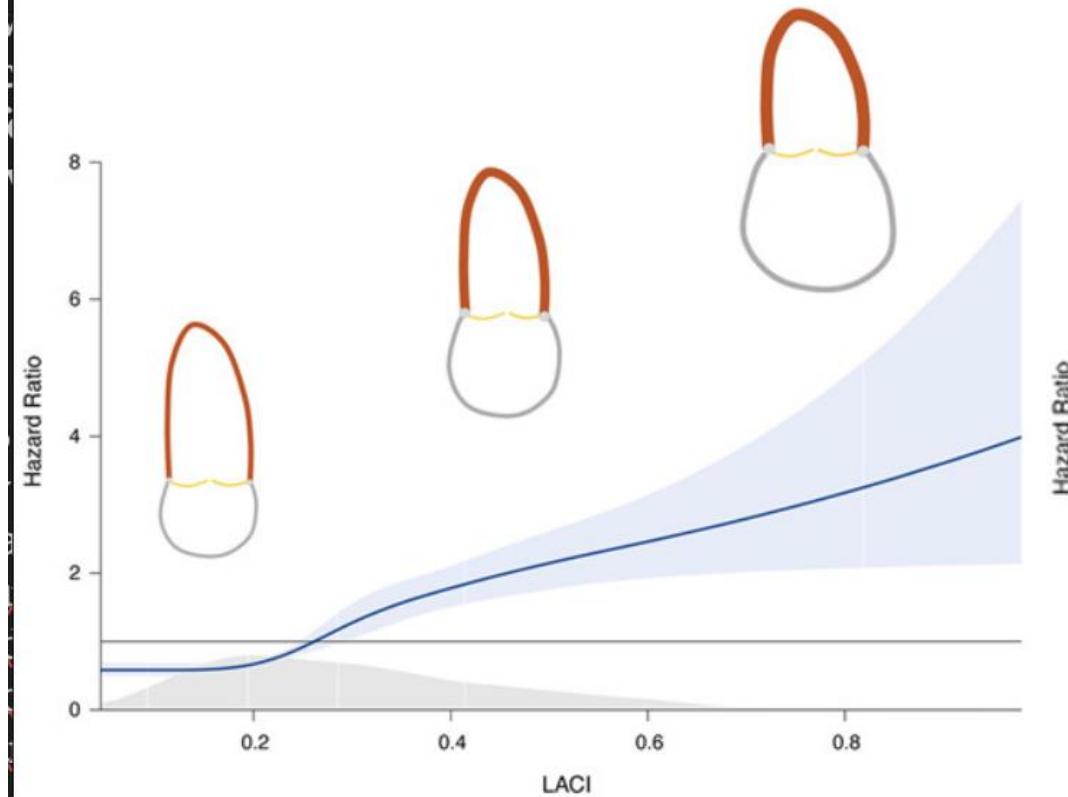
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- Common echocardiographic indices assess single cardiac chamber dimension and function
- Atrial and ventricular chambers operate as a tightly coordinated unit during the cardiac cycle

# Background

- Left atrioventricular coupling index (LACi)
  - $LAV_{min}/LV \text{ end-diastolic volume}$
- Early marker of cardiovascular dysfunction in human medicine (HF, AMI, HCM/AF, atherosclerosis, diabetes)
- What about veterinary medicine?

Larger values of LACi are associated with higher risk of HF hospitalization/All-cause death



«Left Atrioventricular Coupling Index: A Novel Diastolic Parameter to Refine Prognosis in Heart Failure. F. Fortuni et al.»

# Aim

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To investigate the LACi in healthy and MMVD dogs



# Materials and Methods

- Retrospective study (Jan. 2017 - Feb. 2025)
- University Teaching Hospital, Perugia
- 233 dogs:
  - 105 healthy
  - 128 with MMVD (ACVIM B1 = 38, B2 = 52, C = 38)  
*ACVIM Consensus guidelines*

## *Inclusion criteria*

- Complete medical records
- Adequate image quality (A4C view)
- Sinus rhythm (no persistent arrhythmias)
- All breeds, ages (>1 y), sexes, body weights

# Materials and Methods

## Volume Measurements

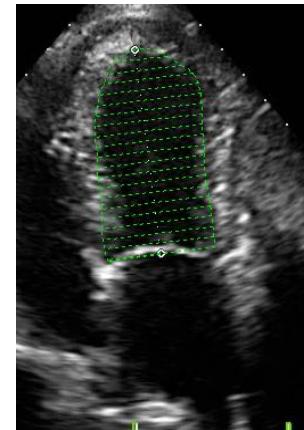
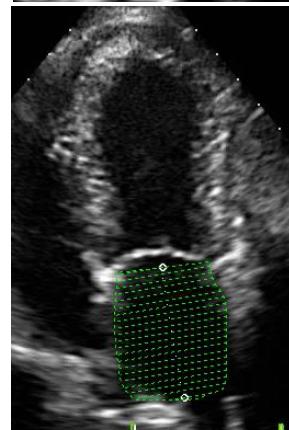
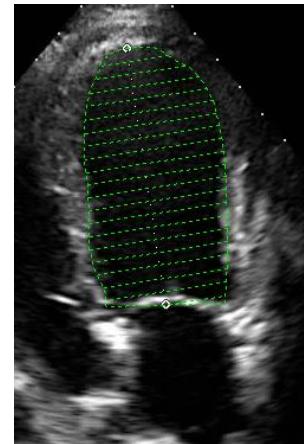
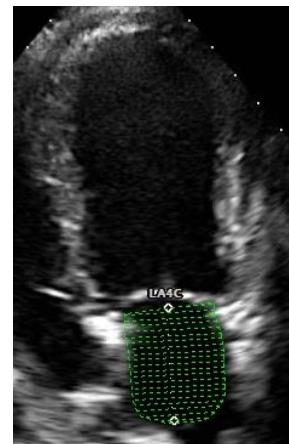
- LA & LV volumes measured (Simpson's method):
  - **End-diastole:** frame after mitral valve closure (~QRS onset)
  - **End-systole:** frame before mitral valve opening (~end of T wave)
  - Manual tracing excluding pulmonary veins (LA), including papillary muscles (LV)

## LACi Formulas

- **LACi-ED (%)** =  $(\text{LAEDV} / \text{LVEDV}) \times 100$
- **LACi-ES (%)** =  $(\text{LAESV} / \text{LVESV}) \times 100$

## Additional Parameters

- LA:Ao, LVIDDn
- Composite severity score: LA:Ao + LVIDDn

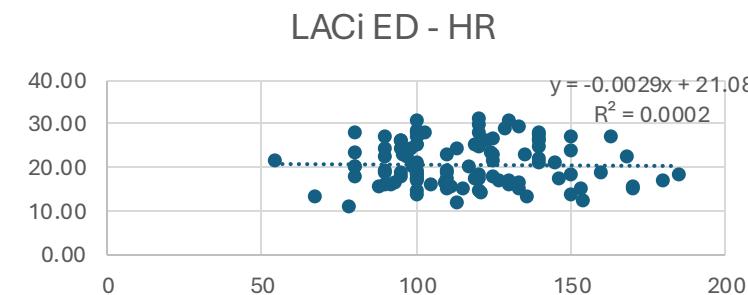
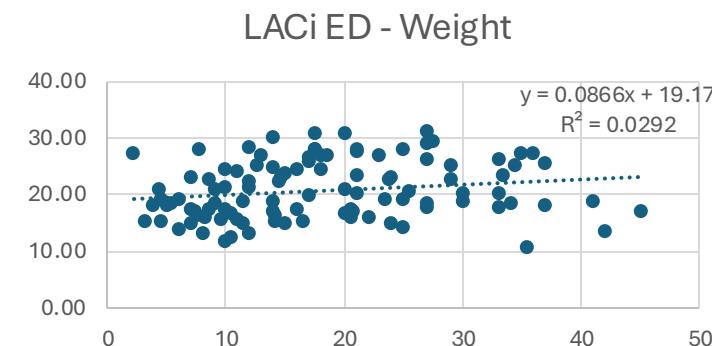
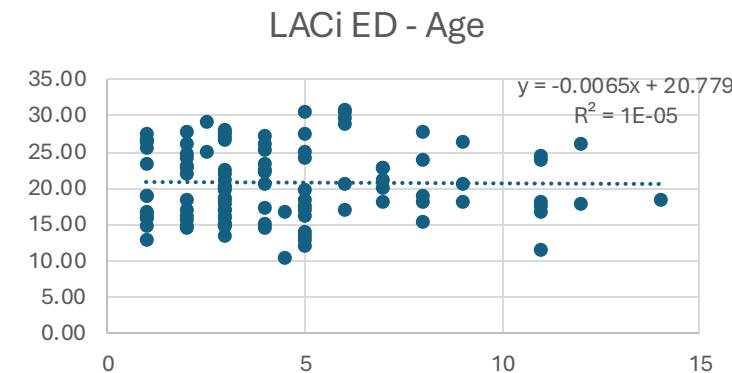


# Results

LACi-ED and LACi-ES were **not correlated** with:

- Age
- Bodyweight
- Heart rate

Coefficient of determination ( $R^2$ ) < 0.03  
for all variables



*linear regression analysis*

# Results

## Reference Values for healthy dogs

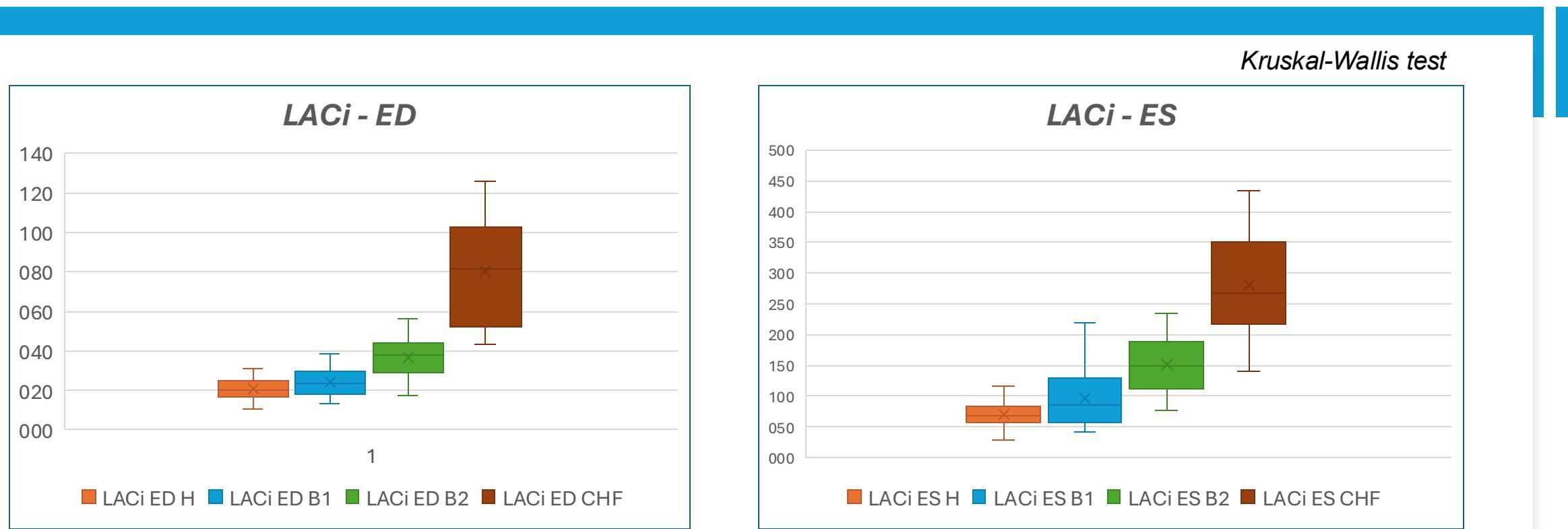
RefValAdvisor 2.3

Method	Untransformed data		Box-Cox transformed data		
	Standard	Robust	Standard	Robust	Nonparametric
N	105	105	105	105	105
Mean	20,7		7,1		
Median	20,0	20,6	6,9	7,1	
SD	5,1	5,2	2,6	2,6	
Minimum	10,68	10,68	1,2	1,2	
Maximum	31,01	31,01	12,0	12,0	
$\lambda_1$ coefficient Box-Cox			-8,291	-8,291	
$\lambda_2$ coefficient Box-Cox			0,727	0,727	
P-Value Anderson-Darling/ Symmetry test for Robust	0,001		0,009		
Outliers Dixon					
Outliers Tukey	0	0	0	0	
Suspect data Tukey	0	0	0	0	
Lower limit of reference interval	10,6	10,4	11,7	11,6	12,1
Upper limit of reference interval	30,9	30,8	31,6	31,7	30,8
90% CI for lower limit	9,7 11,7	8,9 11,6	10,9 12,6	10,7 12,5	10,7 13,4
90% CI for upper limit	29,4 32,0	29,4 32,0	30,2 33,1	30,1 33,3	29,0 31,0

Method	Untransformed data		Box-Cox transformed data		
	Standard	Robust	Standard	Robust	Nonparametric
N	105	105	105	105	105
Mean	70,5		18,7		
Median	67,7		68,9		18,2
SD	19,6		19,9		6,5
Minimum	27,81		27,81		0,4
Maximum	116,83		116,83		32,7
$\lambda_1$ coefficient Box-Cox			-26,365	-26,365	
$\lambda_2$ coefficient Box-Cox			0,706	0,706	
P-Value Anderson-Darling/ Symmetry test for Robust	0,058		0,683		
Outliers Dixon					
Outliers Tukey	0	0	0	0	
Suspect data Tukey	0	0	0	1	1
Lower limit of reference interval	31,5		29,5		36,1
Upper limit of reference interval	109,5		108,3		113,1
90% CI for lower limit	26,5 37,3		24,5 34,8		33,1 39,9
90% CI for upper limit	104,0 115,3		101,9 114,5		106,6 120,1

# Results

## LACi and ACVIM stages



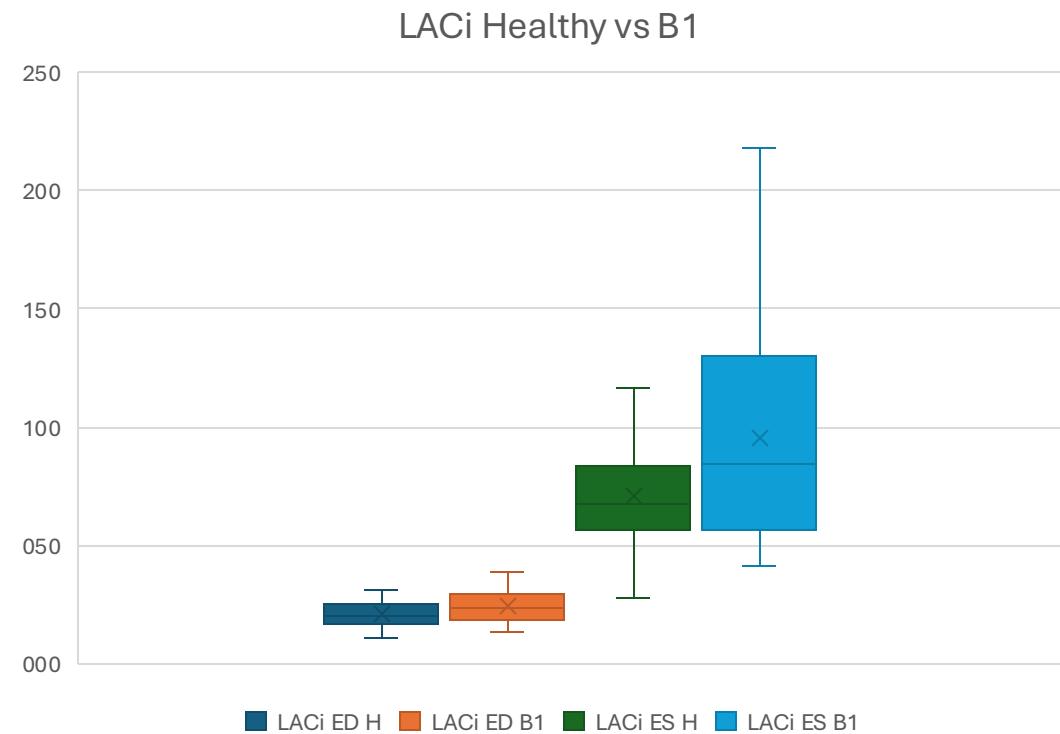
- Significant difference in both LACi-ED and LACi-ES between ACVIM stages
- $P < 0.00$  (LACi-ED) and  $P < 0.02$  (LACi-ES) for all pairwise comparisons

# Results

## Healthy vs B1 stage dogs

No significant difference in LACi-ED and LACi-ES between healthy dogs and ACVIM B1

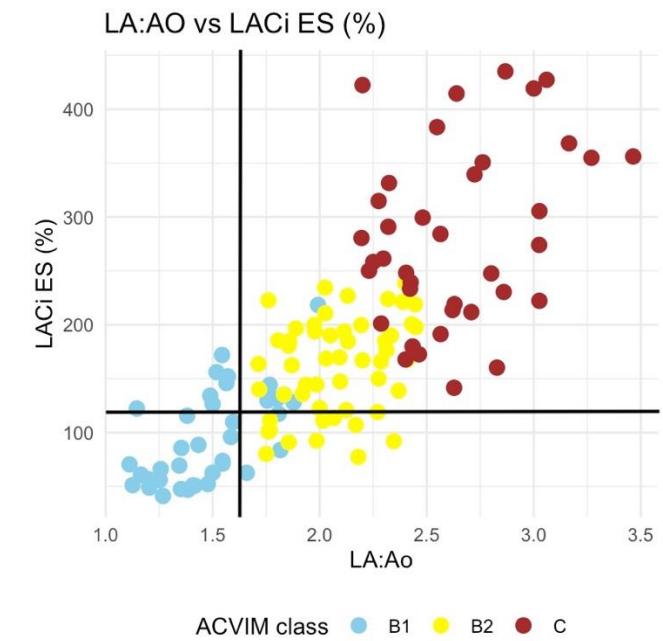
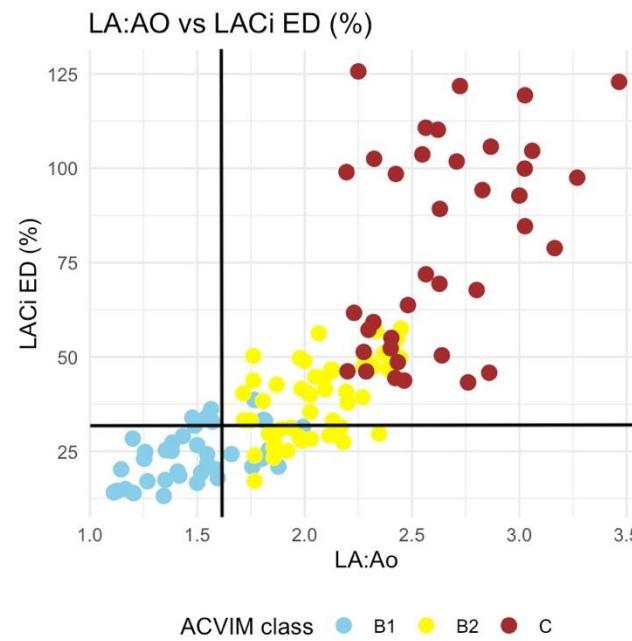
***P > 0.20* for both**



# Results

## LA:Ao vs LACi

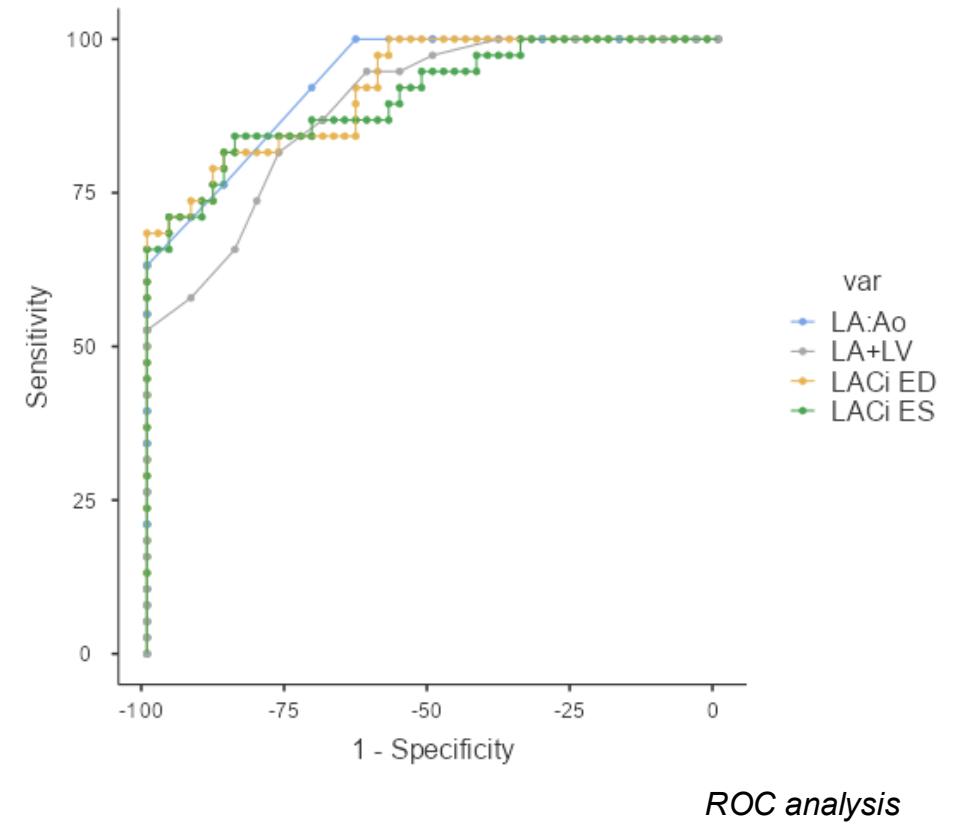
- **Few** dogs in ACVIM stage B1 show impaired AV coupling
- **Many** dogs in ACVIM stage B2 show impaired AV coupling
- **All** dogs in ACVIM stage C show impaired AV coupling



# Results

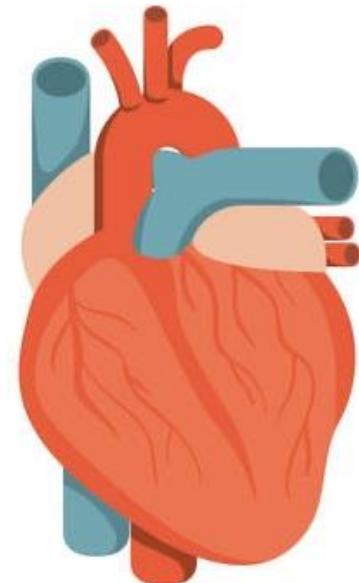
## Diagnostic accuracy of CHF

	<b>Cutpoint</b>	<b>Sensitivity</b>	<b>Specificity</b>	<b>PPV</b>	<b>NPV</b>	<b>Youden's index</b>	<b>AUC</b>	<b>Metric Score</b>
<b>LACi ED</b>	51.33	78.95%	88.46%	83.33%	85.19%	0.674	0.92	1.67
<b>LACi ES</b>	201.09	84.21%	84.62%	80%	88%	0.688	0.906	1.69
<b>LA:Ao</b>	2.2	100%	63.46%	66.67%	100%	0.635	0.932	1.63
<b>LA:Ao + LVIDDn</b>	4.3	81.58%	76.92%	72.09%	85.11%	0.585	0.89	1.59



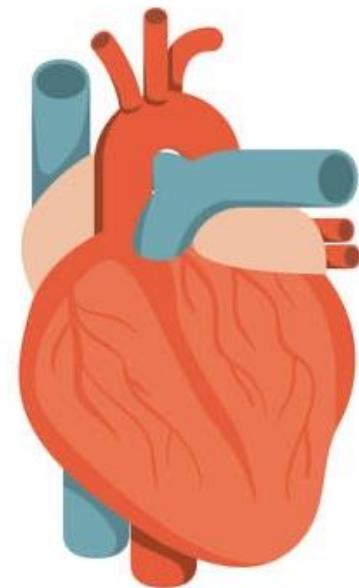
# Discussion

- **Progressive impairment of AV coupling** with increasing MMVD severity
- No significant difference **healthy vs stage B1** dogs - as in ACVIM guidelines
  - Few dogs show impaired AV coupling
- **Stage B2 dogs** show heterogeneity
  - Preserved AV coupling in some dogs - impaired AV coupling in others
  - Many B2 dogs show **early signs of AV dysfunction**
  - Emphasizes the need for better stratification for dogs in stage B2
- **Stage C dogs** show consistent and marked **impaired AV coupling**
  - No better than conventional markers for identifying CHF



# Conclusions

- Our study is the first study on LACi in dogs
- LACi is a novel, noninvasive and easily obtainable index for evaluating left AV coupling
- LACi could help in identifying disease severity in B2 dogs
- A prospective studies are needed to assess its prognostic value



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**Thank you!**

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